



## **NGB self evaluation template for disability sport**

The following self evaluation template has been developed by EFDS East Midlands, and the regional disability officers' forum made up of representatives from Derbyshire, Leicestershire, Lincolnshire, Nottinghamshire and Northamptonshire.

We are looking at better ways of supporting all of the NGBs in the East Midlands area, and hope to be able to deliver some specific training opportunities around increasing participation within disability sport. Your answers will determine, in part, the direction in which the training will go.

### **INSTRUCTIONS**

1. The attached notes should be completed by you and you alone without the involvement of anybody else
2. Rate yourself from 1-10 (1 = low, 10 = high) with regard to your current position – please be as honest and realistic as possible.
3. In the comments column, please include anything that you feel may be of use (there is also space on page 4)

The forms will be collated and each NGB will receive their own form back with a copy retained at the EFDS office. These forms can then be used in the future for reference and to determine what other support can be offered.

Name: ..... Sport: .....

Contact details:

Address: .....

Email: .....

Tel no/s.....

**Do you have, or are you working towards the following?**  
 (see notes on next page for explanation of headings)

**Area**                                      **Scale from 1-10**                                      **Comments (can use next page)**  
 (1 is low, 10 high)

Knowledge of disability sport structure within NGB		
Committed regional officer		
Credible NGB led forum for disability sport		
Robust regional development plan		
Clear interventions and targets		
Regional infrastructure		
Knowledge of network of inclusive / dedicated clubs		
Knowledge of player pathway (dedicated / inclusive)		
Knowledge of inclusive facilities / development centres for development and performance		
CPD and disability training programs		

Knowledge of disability sport structure within NGB - Which impairment groups have their own development / competitions e.g. visually impaired / hearing impaired / physical / learning disability.

Committed regional officer - Someone who has a responsibility for lead work on disability for the NGB. Ideally sole commitment as a NGB disability officer / manager who links with the national objectives and targets for disability sports

Credible NGB led forum for disability sport - A forum that meets on a regular basis and has representation from NGB's / clubs / coaches / officials / possibly impairment specific reps / individuals / athletes / volunteers etc

Robust regional development plan - A development plan produced and owned by the NGB forum and the NGB. It should link into national plans and should replicate and / or commit to supporting the national plan on a regional level to include commitments to, aims, objectives and targets that the NGB can be responsible for. Disability targets should ideally be included in regional NGB plans but with disability targets.

Clear interventions and targets - Are there currently any development opportunities taking place to be able to identify, support and encourage disabled people to participate in sport?

Regional infrastructure - Ideally there would be county leads. Where possible it should link into county forums in order to champion, communicate and support countywide programmes, developments and pathways to participation / excellence i.e. Northamptonshire Federation of Disability Sports / Lincolnshire Federation of equality sports

Knowledge of network of inclusive / dedicated clubs - We would like to see at least one hub club (dedicated) operating in each sport in order for there to be an opportunity for people to participate at a competitive level. In order to support the hub clubs it would be ideal to have a number of satellite clubs developed to feed people into the hub clubs. This could be delivered via existing mainstream clubs being supported by local and regional disability / NGB leads or clubs supporting disability multi-sport clubs that have been developed to promote their sport / club / hub-club. Either way, the clubs at grass roots level should have the ability to provide access for all people

Knowledge of player pathway (dedicated / inclusive) - Basic knowledge of classification / profiling systems. Knowledge of what the competitive pathway looks like for a disabled person for local / county / regional / national competitions. A list of competitions dates (for all levels) including deadlines for entering competitions would be the ideal situation.

Knowledge of inclusive facilities / development centres for development and performance - Mapping and auditing of suitable facilities / schools of excellence to include times / locations / costs / contact person etc

CPD and disability training programs - Opportunities for people to access development and training opportunities within their NGB for coaches / volunteers etc.

***Any other comments:***

Thank you for completing this form. Please email or send to the following address:

Jayant Mistry  
Inclusive Sports Development Officer (East Midlands)

English Federation of Disability Sports  
Sir John Beckwith Building  
Loughborough University  
Loughborough LE11 3TU

Tel: 01509 226182  
Mob: 07967 573347

email: [j.mistry4@lboro.ac.uk](mailto:j.mistry4@lboro.ac.uk)

[www.efds.co.uk](http://www.efds.co.uk)



Further information look at [www.efds.co.uk](http://www.efds.co.uk) under NGB support

